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## For immediate release

### **Passion Uncovered, Life Rediscovered**

*Local poet shares her life story to inspire others this Thanksgiving season*

Naples, Florida, November 13, 2006—A Naples poet is using her own reality-style verse this Thanksgiving season to encourage local Floridians to get the happiness and gratitude they want in their lives, even if it means following her example.

“Once you’ve find your passion and start living it,” Kuttler says, “you’re going to be unbelievably happy.”

Disenchanted with her own life and long-time career as a nurse practitioner, Kuttler shelved her job—and the financial security that went with it—to pursue her newly awakened passion—writing, graphic arts and poetry.

“I was scared out of my wits,” she said. “But as I brought my dream to life, it completely reenergized me and everything I do.”

Kuttler, who went on to write the book “Visions in Verse,” is once again financially successful. She readily shares with the public her personal story and poetry, both featured this summer in Florida People Magazine.

This Nov. 27<sup>th</sup>, she’ll be returning for the fourth consecutive year to the main library in Naples where her work will be on display for the next month.

“A big part of my mission is to help others find their purpose,” Kuttler says. “My poems, which deal with real life situations and events, help people hear that quiet voice within that points them to true happiness and gratitude.”

A line from one of Kuttler’s poem’s sums up the can-do attitude that she says lives within us all: “you can be a prisoner and look upon steel bars, or choose to read between the lines and gaze upon the stars.”

“I write plain and simple rhymes that don’t leave people wondering what I’m talking about,” Kuttler says. “I truly believe we all have magic inside us. We find it when we let go of fear and limiting beliefs and follow the inner voice that fills us with passion and joy. That’s the theme of my book and artwork.”

A number of Kuttler’s poems have been featured by the International Society of Poetry and published in their anthology.

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